

HOLY FAMILY ROMAN CATHOLIC PARISH, 316 S. Logan St., Lincoln, IL

ST. MARY'S ROMAN CATHOLIC PARISH, 808 NW Pearl St., Atlanta, IL

ST. PATRICK'S ROMAN CATHOLIC PARISH, 213 S. Bogardus St., Elkhart, IL

ST. THOMAS AQUINAS ROMAN CATHOLIC PARISH, 321 S. Lafayette St., Mt. Pulaski, IL

### MASSES FOR THIS WEEK 12/24/2023

Saturday, December 23 - Vigil Mass for the 4th Sunday of Advent

4:00pm Holy Family: In memory of Kent David Meagher by Diana & Steve Purdue [with Drive-Thru Communion from 4:45-5:00pm]

### Sunday, December 24 - Fourth Sunday of Advent and Christmas Eve (Holy

Day of Obligation PM Vigil Masses)
St. Patrick: In memory of Joseph "Joe" Fitzpatrick by Bill & Mary Gleason St. Mary: In memory of John T. Dee, Sr.'s Birthday by Kathleen Nicholas 8:00am 8:30am 10:00am Holy Family: In memory of Janet Price by Meg & Greg Liebreich

[with Drive-Thru Communion from 10:45-11:00am]

10:00am St. Thomas Aguinas: In memory of Steve Coogan by Kathy Miller 4:00pm

Holy Family: Holy Day of Obligation - Vigil Mass Christmas Eve in memory of Greg "Flako" Feldman by his family St. Patrick: Holy Day of Obligation - Vigil Mass Christmas Eve in memory 4:00pm of Albert & Agnes Durchholz by the Durchholz Family

6:00pm St. Mary: Holy Day of Obligation - Vigil Mass Christmas Eve in memory of

Dorothy Westerfield by Elizabeth Henry and family St. Thomas Aguinas: Holy Day of Obligation - Vigil Mass Christmas Eve in 6:00pm

memory of Patrick Boyle by his family Holy Family: Holy Day of Obligation - Vigil Mass Christmas Eve in 10:00pm memory of our parents, Maria & Carlos Vidal and Elgeva & Ralph

Grigsby, by Isabel Vidal & Joel Grigsby

### Monday, December 25 - The Nativity of the Lord (Christmas) (Holy Day of **Obligation**)

9:00am Holy Family: In memory of Joseph Reichle by Sandy & Lynn Aper

Tuesday, December 26 - Feast of Saint Stephen, First Martyr

8:00am Holy Family: In memory of John "Doug" Board by Janet & Jerry Langenbahn

Wednesday, December 27 - Feast of Saint John, Apostle & Evangelist 8:00am Holy Family: In memory of Regina Sumski Beard by Mary Vlahovich

Thursday, December 28 - Feast of Holy Innocents, Martyrs

8:00am Holy Family: In celebration of the Anniversary of Mirtha & Nicolas Barrios by the Vidal, Barrios and Lopez families

6:30pm St. Patrick - Traveling Monstrance Holy Hour at St. Patrick, Elkhart, IL

Friday, December 29 - Memorial of Saint Thomas Becket, Bishop & Martyr 8:00am Holy Family: In memory of Daniel Goetsch & Sandra Burr by Donna & Lee

### Saturday, December 30 - 6th Day within the Octave of the Nativity of the Lord

4:00pm Holy Family: In memory of Joseph Mintjal by Sudie Mintjal [with Drive-Thru Communion from 4:45-5:00pm]

### Sunday, December 31 - Feast of the Holy Family of Jesus, Mary & Joseph

8:00am St. Patrick: In memory of Elizabeth "Betty" J. Verderber by Linda Barrick 8:30am St. Mary: In memory of Harold Westerfield by the Fitzgerald family Holy Family: In memory of Caroline Higgins by Mike Higgins [with Drive-Thru Communion from 10:45-11:00am] 10:00am

10:00am St. Thomas Aquinas: In memory of Mark Miller by Madonna & Jerry Boyle

\*Based on the availability of clergy, this schedule is subject to change. Please check the parish calendar on the website for any changes or additions.

#### **Eucharistic Adoration**

Thursday from 3:00-7:00pm at Holy Family with the Divine Mercy Chaplet recited at 3:00pm.

Netorinal Month (No. 1) No. 1, 100 No. 1, 10

#### Infant Baptism

Parents are asked to attend a baptism preparation session before the Baptism of their child. Please phone the parish office to register.

#### <u>Marriages</u>

Arrangements must be made 6 months in advance for the desired wedding date. Please phone the parish office to receive further information and to reserve your special day.

### St. Mary, Atlanta **Lector Schedule**

12/24 - Ed Jodlowski 12/31 - Matt McGhee

01/07 - Matt McGhee

01/14 - Laura O'Donnell

01/21 - Ed Jodlowski

### St. Mary Altar Society

St. Mary's Altar society invites all members of our parish (male & female) to upcoming meetings. The meetings are held the 1st Monday of each month at 6pm in the church hall. The January meeting will be held on Tuesday, 1/2/2024, and not on New Year's Day.



### **Holy Rosary**

Join us in praying the rosary at 7:40am before Mass on Monday through Friday at Holy Family.

### **NOTICES FOR CHRISTMAS & NEW YEAR HOLIDAYS**

Adult Ed Class on Revelation: No classes 12/27, or 1/3. Class resumes on 1/10/24 at 10am and 6:30pm.

RCIA: No meetings on 12/26, or 1/2. RCIA resumes on 1/9/24.

Carroll Catholic School is closed 12/18/23 - 1/1/24. Classes resume 1/2/24.

The Spalding Pastoral Center will be closed 12/22/23 - 1/2/24 for Christmas & New Year's Holidays.

The Children's Liturgy will not be held on Sunday, 12/24/23 or 12/31/23. Resumes on 1/7/24.

The Parish Office is closed 12/22/23 -1/1/24. Reopen Tuesday, 1/2/24 at 8am.

### **PARISH COUNCIL MEMBERS**

Holy Family: Bob Barger, Peggy Morrow, Jim Wessbecher

St. Mary's: Joe Bell, Jan Bicknell, Zacha-

ry Craig St. Patrick's: Cheryl Davis, Blane Olson

St. Thomas Aquinas: Karen Edgecombe, Kathy Miller

### Week of December 24 - December 30, 2023

The red Altar Sanctuary Candle at...

**Holy Family** is lit this week in memory of *Greg* "Flako" Feldman by his family.

**St. Mary** is lit this week in memory of *Sarah Alberts* by Mike & Sharon Johnson.

**St. Patrick** is lit this week in memory of *Bob* Gordon by Judith and his family.

**St. Thomas Aguinas** is lit this week in memory of Patrick Boyle by his family.

The blue candle at the Mary Queen of Peace Statue near the altar at...

**Holy Family** is lit this week in memory of *Joni Marten* by Galen and her daughters.

The blue candle at the Immaculate Heart of Mary Statue near votive candles at...

**Holy Family** is lit this week in memory of *Tanya* Comparetto Friel by Isabel Vidal.

If you would like to sponsor a sanctuary candle for special intentions, and/or, to honor the deceased, please call Alicia Baker at 217-732-4019 or email her, abaker@logancountycatholic.org.

### SEARCHING FOR A QUIET PLACE TO PRAY? COME TO HOLY FAMILY AND FILL THIS NEED.



Join us to say the rosary at 7:40am before Mass on Monday through Friday. The side door is open Monday, Tuesday, and Thursday during normal business hours (8:00am - 3:00pm). Eucharistic Adoration is generally held on Thursdays 3pm-6pm. Plan on getting here early or staying after for some special time between you and our Lord.

### SCRIPTURE READINGS FOR THIS WEEK

**Monday, December 25th** Is 52:7-10 / Ps 98:1-6 / Heb 1:1-6 / Jn 1:1-18 or Jn 1:1-5, 9-14

**Tuesday, December 26th** Acts 6:8-10, 7:54-59 / Ps 31:3cd-4, 6 & 8ab, 16bc & 17 / Mt 10:17-22

Wednesday, December 27th

1 Jn 1:1-4 / Ps 97:1-2, 5-6, 11-12 / Jn 20:1a & 2-8

**Thursday, December 28th** 

1 Jn 1:5-2:2 / Ps 124:2-5, 7cd-8 / Mt 2:13-18

Friday, December 29th

1 Jn 2:3-11 / Ps 96:1-3, 5b-6 / Lk 2:22-35

**Saturday, December 30th** 1 Jn 2:12-17 / Ps 96:7-10 / Lk 2:36-40

**Sunday, December 31st** 

Sir 3:2-6, 12-14 or Gn 15:1-6, 21:1-3 / Ps 128:1-5 or Ps 105:1-9 / Col 3:12-21 or 3:12-17 or Heb 11:8, 11-12, 17-19 / Lk 2:22-40

### Please "Pray for the Sick" by remembering the following people in your prayers:

Mike Lowry, Paul Lowry, Terri Lowry, Laura Lowry, Sean Lowry, Elijah Cox, Guinevere Decker, Ruth Young, Rodney Alberts, Jill



Alberts, Linda Wright, Steve Schmidt, Ryan Butler, Donna Burr, Paula Rutherford, Gavin Fox, Rita Johnson, Adelyn Jones, McKayla Nye, Gavin Shuler, Phillip Brown, Christina Clementz, Mike Kavanaugh, Linda H., Mark L., Kay Rosner, Deb Jordan, Dwayne Knap, Esme Avart, Rita Scanavino, Jim Steinkamp, Marge Steinkamp, Thomas Siegel, Asher Phillips, Kristin Wright, Melinda Spangler, Phil Dehner, Alexa Cunningham, Mary Masterson, Amanda Bidwell, Marcia Bidwell, Sandra Buttell, Debi Hardin, Ann LaMothe, Teresa Tripplett, Curt C., Eddie Pharis, Shirley Davis, Mike Young, Shirley O'Donoghue, Dan Dankosky, Bridget Dutcher, Tinley Rubenacker, John Barrick, Tom Berta, Eric Faith, Jerry Boyle, Dave Morrow, Caroline & Mike Spaniol, Steve "Hacker" Aue, Jennifer Roedz, Dan Riccolo, Diana Purdue, Ann Baunach, Gene Newton, Joyce Lichtenwalter, Sally Velasco, Ilene Davis, Tim McCormick, Bonnie Frawley, Hayden Clark Williams, Jeane Connolley, Cheryl Farney, Jack Sprague, David Sanborn, Kathy Miller, Pat French, Jack Peifer, Johanna Grigsby, Charlie Dumire, Bryan Finchum, Phyllis' family, Steve Panissidi, Larry Wise, Bob McCue, Carol & Bob Barger, Aria Tramontano-Grigsby Spitnale, Ron Nye, John Hebenstreit, Nurse Lancaster, Cindy & Kenny Frericks, Ann Knuffman, Greg Harmon, Pam Baker, David Vale, Lois, and all the members of the armed forces of our country.

Holy Mary, help those in need, give strength to the weak, comfort the sorrowful, pray for God's people, assist the clergy, and intercede for religious. May all who seek your help experience your unfailing protection. Amen.

If you wish to add a loved one's name, or to request a name be removed, please call Isabel Vidal at 217-732-4019, or email ividal@logancountycatholic.org.

#### FOR THOSE AGE 70 1/2

There is good news if you have reached age 70 ½ and you would like to help your parish, school, or a church ministry. If you have an IRA, the government requires you to take out a certain amount each year which is subject to federal tax. However, the law allows you to donate this amount directly to your parish, school, or a ministry during 2023 and have it distributed free of federal income tax! What a wonderful opportunity for those 70 ½ to help (parish, school, ministry). Please contact the custodian of your IRA or your tax advisor for further discussions.

### STATISTICS FROM THE OFFICE OF CATHOLIC SCHOOLS

In the Diocese of Peoria, the official enrollment for 2022-2023 was 9,388. This year, 2023-2024, the total official enrollment is down to 9,357. This represents a loss of 31 students, or a drop of 0.3% of the total enrollment from 2022-2023. Of the 9,357 students currently enrolled, 7,586 students are enrolled in the elementary schools and 1,771 are enrolled in the secondary schools. Of the 7,586 students in the elementary schools, 1,248 are in Pre-K programs. Let's support our schools so that more families wanting their children to have a Catholic Education can make that a reality.



St. Agnes Academy in Key Biscayne, FL Welcomes Brother Zachary Craig \*\*

We are overjoyed to welcome Brother Zachary from the Servants of the Pierced Hearts of Jesus and Mary to join our faculty at St. Agnes Academy. Brother Zachary will be teaching Religion as well as assisting our Faith Formation Department.

God bless you! My name is Br. Zachary Craig, SCTJM. Currently, I am a novice Brother of the Servants of the Pierced Hearts of Jesus and Mary, Religious Brothers and Priests, founded by Mother Adela Galindo in August 2020. Many of you know our wonderful Sisters who serve in St. Agnes and in other places. I have completed my canonical year of novitiate, which means that I am in the last stage of formation and preparing to profess my first vows as a religious. Originally, I am from Illinois, where I attended Illinois State University (ISU) studying education, and there I met the Servants who were ministering at that time at the John Paul II Newman Center. My mom is a secretary at the Catholic grade school where I went from Kindergarten to Eighth grade, and it was there that I found a desire to be a teacher, especially when I would stay to help the teachers while my mom was working. Growing up, I was an Eagle Scout, and I served in many different leadership positions within boy-scouts. During a pilgrimage with the JP II Newman Center I felt the Lord calling me to be a Servants of "dropped my nets" and followed His call. Since joining the Servants I have been teaching Catechesis for First Communion, serving at different summer camps, and assisting in our Vivet movement for kids, youth and young adults. I am very grateful for this opportunity and look forward to being a part of the St. Agnes family.

Our Mission: "To walk humbly in God's presence through prayer, service and evangelization, while putting Jesus first, Others second and Yourself last" (JOY)

If you'd like to send Zachary a congratulation note or Christmas card, his address is: **Br. Zachary Craig,** SCTJM Brothers and Priests, 3098 SW 14th St, Miami, FL 33145

\*\*Br. Craig graduated from Carroll Catholic School in 2015 and from LCHS in 2019.

### **CARROLL CATHOLIC SCHOOL - 6TH ANNUAL APPEAL**

I am pleased to announce our sixth Annual Appeal. Over the past five years, through the great generosity of you and other supporters of Carroll Catholic School, over \$225,000 has been raised! We look forward to continuing this success, and have set an even more ambitious goal of \$60,000 for this year's appeal.

Your sustaining support allows the school to continue to improve. For our students, this means enhanced curriculum, expanded STEM education, and continued access to up-to-date technology. For the school itself, still standing proudly after sixty-two years, this means new carpeting in classrooms and hallways, new furniture in the classrooms and addressing the necessary but often costly repairs and updates.

As I have the past five years, I am again asking for your support to meet our \$60,000 goal. Please prayerfully consider what level of financial support you may offer the school, and know absolutely that whatever the amount of your gift, it is truly beneficial and always greatly appreciated. Thank you for your support of the students and mission of Carroll Catholic School and of Catholic education in Logan County!

In Gratitude,

David Welch, Principal

### **UPCOMING DATES & EVENTS TO REMEMBER**

- 12/24 Christmas Holy Day of Obligation Vigil Masses
  4:00 pm @ Holy Family and 4:00 pm @ St. Patrick
  6:00 pm @ St. Mary and 6:00 pm @ St. Thomas Aquinas
  10:00 pm @ Holy Family
- 12/25 Christmas Holy Day of Obligation Mass 9:00 am @ Holy Family
- **12/28 Traveling Monstrance Holy Hour** 6:30 pm @ St. Patrick
- 1/1 Solemnity of Mary, the Holy Mother of God Mass 9:00 am @ Holy Family

# NATIONAL EUCHARISTIC REVIVAL DIOCESE OF PEORIA



# Traveling Monstrance

Holy Family December 21, 2023 St. Patrick December 28, 2023

Holy hour begins at 6:30pm

Please join us for an evening of Adoration,
Scripture, sacred music, and time for quiet prayer
and reflection. All are welcome!





RCIA: On Break!

The RCIA will not meet Tuesday, December 26 or January 2. Let us give thanks to God for the blessings we have received throughout 2023 and trust that God will again bless us in 2024. Please continue to pray for our Catechumen Chad Smith as he continues his journey to baptism this Easter.

Parish Office, 316 South Logan Street, Lincoln, IL 62656 ~ 217-732-4019 ~ www.logancountycatholic.org

Rev. Joseph Dondanville, Pastor | Rev. Nicodemus Muithi, Parochial Vicar

Deacon Wendell Lowry | Sister Margaret Schreiber O.P., Spiritual Life Coordinator

Britta Langley, Religious Education Coordinator

Alicia Baker & Isabel Vidal, Secretaries | Sister Lori Kirchman O.P., Director of Music Carroll Catholic School 217-732-7518 - David Welch, Principal | Jennifer Craig, Secretary Holy Cross & St. Mary Cemeteries 217-871-0266 - Kenneth "Scott" Jones, Sexton



### **PARISH OFFICE HOLIDAY HOURS**

Monday, December 25 - Office Closed Tuesday, December 26 - Office Closed Wednesday, December 27 - Office Closed Thursday, December 28 - Office Closed

Friday, December 29 - Office Closed Monday, January 1 - Office Closed

*Tuesday, January 2 -* Resume Regular Hours (below)

### **Regular Weekly Parish Office Hours**

Monday - Thursday: 8:00 am - 3:00 pm

Friday: Closed



### Ways to Give This Holiday Season

\*Holy Family Food Pantry

\*Carroll Catholic School

\*Carroll Catholic PIE Chart Items

\*Love Repeated

(Aid to the Rulenge-Ngara Diocese of Tanzania, East Africa)

\*Diocesan Annual Development Appeal

\*Archdiocese for the Military Services, USA

\*Holy Family Capital Campaign

\*St. Mary's Cemetery

\*Holy Cross Cemetery

\*Holy Family Building Fund

\*St. Mary's Building Fund

\*St. Patrick's Building Fund

\*St. Thomas Aguinas Building Fund

\*Dominican Sisters of Springfield, IL

\*Phone Cards for the Troops

(Mark your donation specifically for the above. The cards are purchased via the Parish Office.)

### \*Warriors to Lourdes

(Donations help with costs of sending wounded warriors to Lourdes. Checks can be made out to "Knights of Columbus Council #1250, Lincoln" with notation of "Warriors to Lourdes donation.")

\*Rotary Foundation

\* Zonta Foundation for Women

#### SAINTS OF THE WEEK (Adapted from My Catholic Life!)

Feast of Saint Stephen, First Martyr (12/26) - Early First Century-c. 33-36, Patron Saint of altar servers, builders, casket makers, deacons, horses, masons, and quarrymen. He is invoked against headaches. He was a deacon, a miracle worker, and apparently a skilled debater. Ultimately, we are called to imitate his faith, which refused to be shaken by any of his persecutors' arguments or threats. He is the first Christian martyr, thus giving him the unique title "Protomartyr." All we know about Saint Stephen comes from the Acts of the Apostles, Chapters 6–7. The Apostles chose to devote themselves to prayer to select preaching of the Word, they asked the community to select "seven reputable men, filled with the Spirit and wisdom" (Acts 6:3). The Apostles appointed them to oversee the daily distribution of provisions. The Apostles prayed and laid their hands on these seven men, ordaining them as the Church's first deacons. They were "Stephen, a man filled with faith and the Holy Spirit, also Philip, Prochorus, Nicanor, Timon, Parmenas, and Nicholas of Antioch, a convert to Judaism" (Acts 6:5).

**Feast of Saint John, Apostle & Evangelist** (12/27) - Early First Century—c. 101. Patron Saint of arms manufacturers, art dealers, authors, basket makers, bookbinders, booksellers, publishers, butchers, candlemakers, bookbinders, booksellers, publishers, butchers, candlemakers, compositors, editors, engravers, friendships, glaziers, government officials, harvests, lithographers, notaries, painters, papermakers, printers, saddle makers, scholars, sculptors, theologians, and winemakers. Invoked against burns, epilepsy, foot problems, hailstorms, and poisoning. John's account of the Gospel reveals a compelling burnary. Christy John is the only Apostlo who did of natural human Christ. John is the only Apostle who died of natural causes rather than martyrdom. His writing style is mystical, reflective, contemplative, and rich with symbolism. His Gospel and letters focus upon divine love and the intimacy to which we are called to love and be loved by God. He was the author of the Gospel of Saint John, three letters in the New Testament, John 1, 2, 3, and the Book of Revelation.

Feast of Holy Innocents, Martyrs (12/28) - The Holy Innocents were the children murdered by Herod after learning of Christ's birth from the Magi. "When Herod realized that he had been deceived by the magi, he became furious. He ordered the massacre of all the boys in Bethlehem and its vicinity two years old and under, in accordance with the time he had ascertained from the magi" (Matthew 2:16).

Memorial of Saint Thomas Becket, Bishop & Martyr (12/29) - c. 1119–1170. Patron Saint of clergy. Canonized by Pope Alexander III on February 21, 1173. He was the Archbishop of Canterbury in the mid-twelfth century. He started out as a good friend of King Henry when he became Rod in the Changeller (11/54.11(2)) became Rod in 1154. He served as his Chancellor (1154-1162), but once Becket was appointed as Archbishop (1162), he knew he had to defend the Church from Henry's plans to erode it. The two engaged in a battle of wits until Henry's knights killed him in his own cathedral. Three years after Thomas Becket's death, Pope Alexander III declared him a saint. The next year, King Henry visited the saint's tomb and did public penance for the role he played in his death.

Feast of the Holy Family of Jesus, Mary & Joseph (12/31) It is amazing that God chose to enter our fallen human condition by becoming Incarnate in the womb of the Blessed Virgin Mary. He was born of her, raised by her and Saint Joseph, acquired human knowledge through their teaching, worked with His hands, experienced the fullness of human society, and did so within the context of an earthly family. Jesus, Mary, and Joseph made up a sacred family, the Holy Family. Today's feast continues our Christmas Day celebration. This feast falls within the octave of Christmas that culminates January 1st with the Solemnity of the Mother of God. This feast is relatively new. It was in 1890 that Pope Leo XIII issued *On Christians as Citizens* where he emphasized the duties of Christians as citizens in a changing world. He was concerned about the negative impact the Industrial Revolution, secularism, and new political ideologies such as communism were having upon Christian citizens and the family unit. In 1893, Pope Leo XIII instituted the Feast of the Holy Family. In 1921, Pope Benedict XV, added the Feast of the Holy Family to the universal Church calendar. Perhaps you can consider saying a Novena to honor the Holy Family.



The Holy Family Food Pantry would like to acknowledge and thank the amazing efforts of Tom Peifer, the Top Flight Grain Krueger Elevator folks, and all who donated to the FOOD DRIVE FOR THE HOLY FAMILY PANTRY on DECEMBER 12, 2023, 8:00AM-12:00PM.

Your donations amounted to a trailer full of food and \$5,000 in monetary donations that will allow our Pantry to purchase needed supplies for the 300 families we see each month. May God Bless each of you for your generosity.



"So too, you also must be prepared, for at an hour you do not expect, the Son of Man will come."

Matthew 24:44



### **2023 Advent/Christmas Calendar**

Holy Family, Lincoln; St. Mary, Atlanta; St. Patrick, Elkhart; St. Thomas Aquinas, Mt. Pulaski

### **Christmas - Holy Day of Obligation**

Sunday, December 24, 2023 (Vigil Masses)

4:00 pm @ Holy Family

4:00 pm @ St. Patrick

6:00 pm @ St. Mary

6:00 pm @ St. Thomas Aquinas

10:00 pm @ Holy Family

Monday, December 25, 2023 (Holy Day Mass)

9:00 am @ Holy Family

### Solemnity of Mary, The Holy Mother of God

(Not a Holy Day of Obligation)

### Monday, January 1, 2024

9:00 am Mass @ Holy Family

Based on the availability of clergy, this schedule is subject to change. Please check the parish calendar at <a href="https://www.logancountycatholic.org">www.logancountycatholic.org</a> for any changes.



# Examination of Conscience for Adults

### I am the Lord your God. You shall not have strange gods before me.

- Do I give God time every day in prayer?
- Do I seek to love Him with my whole heart?
- Have I been involved with superstitious practices or have I been involved with the occult?
- Do I seek to surrender myself to God's Word as taught by the Church?
- Have I received Communion in the state of mortal sin?
- Have I ever deliberately told a lie in Confession or have I withheld a mortal sin from the priest in Confession?

## 2. You shall not take the name of the Lord your God in vain.

- Have I used God's name in vain: lightly or carelessly?
- Have I been angry with God?
- Have I wished evil upon any other person?
- Have I insulted a sacred person or abused a sacred object?

### Remember to keep holy the Lord's Day.

- Have I deliberately missed Mass on Sundays or Holy Days of Obligation?
- Have I tried to observe Sunday as a family day and a day of rest?
- · Do I do needless work on Sunday?



### 4. Honor your father and your mother.

- Do I honor and obey my parents?
- Have I neglected my duties to my spouse and children?
- Have I given my family good religious example?
- Do I try to bring peace into my home life?
- Do I care for my aged and infirm relatives?

#### 5. You shall not kill.

- Have I had an abortion or encouraged anyone to have an abortion?
- Have I physically harmed anyone?
- Have I abused alcohol or drugs?
- Did I give scandal to anyone, thereby leading them into sin?
- Have I been angry or resentful?
- Have I harbored hatred in my heart?

### 6. You shall not commit adultery.

- Have I been faithful to my marriage vows in thought and action?
- Have I engaged in sexual activity outside marriage?
- Have I sought to control my thoughts?
- Do I seek to be chaste in my thoughts, words and actions?

### 7. You shall not steal.

- Have I stolen what is not mine?
- Have I returned or made restitution for what I have stolen?
- Do I waste time at work, school or home?
- Do I gamble excessively, thereby denying my family of their needs?

### 8. You shall not bear false witness against your neighbor.

- Have I lied, gossiped or spoken behind someone else's back?
- Am I sincere in my dealings with others?
- Am I critical, negative, or uncharitable in my thoughts of others?

### You shall not desire your neighbor's wife.

- Have I consented to impure thoughts?
- Have I caused them by impure reading, movies, conversation or curiosity?
- Do I seek to control my imagination?

### You shall not desire your neighbor's goods.

- Am I jealous of what other people have?
- Am I greedy or selfish?
- Are material possessions the purpose of my life?

### **Act of Contrition**

Oh my God, I am heartily sorry for having offended you, and I detest all my sins because of your just punishments; but most of all because they offend you, my God, who are all good and deserving of all my love. I firmly resolve, with the help of your grace, to sin no more and to avoid the near occasion of sin.

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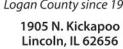


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