

## **September Moment of Mercy**

Our September Moment of Mercy focuses on Eucharistic Adoration. In this busy world of ours, many times it is hard to find a quiet moment. God speaks to us in many ways and many times speaks to our heart while we are in silence. It's a time when we can give Jesus our worries, our prayers, our praise and thanksgiving and also ask for direction in how we can be "mercy" to others. Make it a goal to go to Adoration for one hour this month and pray and listen to Jesus in the silence. Holy Family has Adoration on Thursday afternoons. Many other Catholic Churches in the Diocese, and close by, have 24 hour Adoration such as Epiphany (in Normal), Blessed Sacrament (in Springfield) and St. Matthews (in Champaign). Search out the times and locations on the Internet and give this time to Jesus. You'll be glad you did.